

MESSAGE FROM THE  
GODDESS MOTHER  
With Jan Diana



## A VISION OF LIGHTNESS

My Beloved Children of Heart,

“Welcome! As we gather together, let us radiate our heart’s light to each of us. Let us focus on our love for one another.

It is a time of great advancements. Each advancement moves us into the greater light of understanding and is considered of great value, for each step leads to the next and the next.

Take a moment to ponder on how wonderful it feels to share your heart’s light to each of us. Now shine it back upon yourself and your life. Feel the wonder expand ever more.

This is a wonderful way to begin and to end each day. It reflects your awareness and recognition of your sacred truth, for indeed you are that light.

Imagine living in the lightness as a constant. Imagine the wonder of feeling the joy, of basking in the delight of your heart’s countenance, and sharing your joy with your brothers and sisters.

Indeed it is a time for great celebrations as you recognize deeper and deeper your true nature and intrinsic value. It is the key to all the happiness and joy that you desire to experience.

You may wonder how this can be that I can feel so much joy. Well, joy is the nature of your essence. It is who you are.

Feeling joy is like coming home. It feels familiar. It is what you desire most to feel and enjoy in all of your life experiences.

You are beginning to develop the ability to live and express joy. It is the way of the heart. It is the way to your pathways of discovering your truth.

As you experience joy by conscious choice, opportunities to develop further expansion of your natural abilities will present for you to partake. Each time you consciously choose further development, you will enhance your wisdom and knowledge of your divine nature.

It is a journey of discovery. It is a journey that you design. Now more than ever before you can consciously choose the many flavors of your experience that you desire.

Imagine yourself in a great beautiful field. There is space in all directions to build whatever you would like. There are the foundational elements, blue sky, air, water, sunshine, land. The terrain can vary but the basics are there for you.

Now what would you like to have in your life if you could choose it free of constraints or thoughts that might limit your dream? Let your mind connect with your heart through focus, and ponder on this.

Imagine this field now, filling up with your heart desires. If something appears and you change your mind, release it and replace it with another thought. See how easily you can add to or remove from this field.

It is fun to play. Take some time as often as you desire to play in your field. Build yourself whatever you desire, and then feel you in the picture experiencing it.

Imagination is a great tool to utilize to create dreams. It takes a vision clearly defined to focus upon to create the dreams of your heart. You can have fun playing with imagination while at the same time developing your abilities to direct energy.

Imagine if it was that simple. Vision the dream and then live it. What if I told you the only thing that limits this reality are limiting thoughts, beliefs, concepts and conditioning that is and has been the history of humanity.

It is the old story that has been the path that has flavored all journeys. Now with the many lighter energies on Gaia, much is shifting and preparing to shift, to elevate into the greater lightness.

As you and the We of Earth release from the old stories of limitations, letting them go in gratitude, you can allow yourself to be blessed by the lighter energies. These will assist you to see more clearly the truth.

As you see and feel the greater truth, your new dreams will unfold in grace. You are developing your abilities to make this your reality, your new elevated life journeys.

With choice and practice you can prepare yourself for further advancement. This will enhance your innate abilities and gifts. This is your destiny.

You may choose to consciously prepare for it now by opening your heart to the possibilities. Let your heart guide you. Spend time focused in joy, experiencing this for yourself and sharing joy with others.

These are foundational steps. Each works with the next. Each step enhances as it lights the way for the pathways of further discovery.

It is a grand adventure. You are the one deciding how you want that adventure to be, to feel, what it looks like, and where it will lead you next.

It is a time to shift from focus on issues and concerns. Now you can consciously choose to focus on your heart, on joy and the infinite possibilities.

It is a time to consciously choose and focus your thoughts on what you desire rather than what is or has been troubling you or that you feel is missing. As you do this, you will begin to see the power of your shift in focus unfold in great wonderment.

You have been endowed with all the abilities to do this and so much more. It is for you to choose in your readiness. There are no judgments of timing or choices. There just are opportunities to know the lightness of heart.

Shifting the focus to your heart brings you into a greater awareness of the divine in yourself. It also brings awareness to the connection of lightness that you share with all that is.

Beloved Ones, I celebrate your glory. I know of your greatness. Each of you has your own uniqueness, and yet all of you are of one heart.

Remember you are loved and supported always. Know that the lighter pathways are ready for you to choose to walk upon them.

May you journey forward, knowing of the great love that flows to you always. You are the lightness. Shamon.”

With great love,  
Your Beloved Mother

### FREE CLASS:

As a Gift I am offering you a Free Tele- Class, “Remember Who you are”.

-Restore pathways to remembering the truth of yourself using the tools of SVH, a prayer modality that can shift the old stories, old beliefs and perceptions that are not relevant to your truth.

-Receive tools that you can utilize in your life to further free yourself from the veils of forgetting

-Take a journey to meet your true self and receive a priceless gift

You will leave this class filled a greater vision of yourself and what is now possible for you. This class is a great joy bringer!

**Note:** Register by subscribing by email at: <http://www.jandiana.com> (if the time is not convenient, register to receive the recording when available)



**Jan Diana** is an intuitive healer, spiritual teacher, and master practitioner.

Her mission is to assist clients & students in creating harmony, balance, heightened levels of clarity, develop innate gifts & abilities, empowering them on their personal evolution to create the dreams of their heart. She utilizes several modalities including SVH L4, Animal healing, GHM, Language of love, Reiki Master, and more.

Free meditation journeys, articles, & classes.  
<http://www.jandiana.com>

